

# RETURN, REBUILD, RESTORE

Summit Christian Athletics May Devotional



## EZRA 10

This chapter deals with many Israelites repenting for their sin of taking wives from the nations around them. This was bad not because of race, but religion. These nations did not worship God, but instead practiced idolatry.

In this chapter we find a few verses that can help us, as we look back at any mistakes we may have made this year, and in our planning to do even better during the 2021-2022 academic and athletic seasons...

"Rise up; this matter is in your hands. We will support you, so take courage and do it." -Ezra 10:4

"Within the three days, all the men of Judah and Benjamin had gathered in Jerusalem. And on the twentieth day of the ninth month, all the people were sitting in the square before the house of God" -Ezra 10:9a

"The whole assembly responded with a loud voice: "You are right! We must do as you say." -Ezra 10:12



## INDIVIDUAL REFLECTION

Players & Coaches: Use this space to write down a prayerful reflection on how this scripture applies to your team

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## TEAM REFLECTION

1. Verse 4 says that "this matter is in your hands." As all of our seasons are now over, and coaches and players look towards the off-season, what are some things that are now in your hands? What do you need to work on by yourself this off-season in order to improve?



2. Verse 9 shows the unity these people had...they all showed up to handle this problem. How can you and your teammates stay unified during the off-season?

3. The people's response in verse 12 showed they were ready to listen to their leaders. What is something your coach said all season this year that you and your teammates need to do a better job at next year?

